



Rules and regulations

Art. 1- Features of the event

RE-trail is a non-competitive and unsupported cycling event; all the participants must be self-sufficient, with the necessary equipment and knowledge of bikepacking philosophy. The itinerary passes through the most beautiful places of Apennine of Reggio Emilia province, from the foothills to the ridge that connects Emilia region to Tuscany region.

The event organization will provide to all the riders a list of the places of this area with cultural and landscape relevance (the Points of Interest- P.O.I), to which the participants must mandatorily pass through. Participants can choose which route to follow in order to reach the Points of interest. It is a free choice also how many km to ride pro day, where and when to eat and whether to sleep in its own tent and sleeping bag or to choose one of the accommodation facilities along the path. There is no time limit to complete the itinerary.

As it is a self-sufficient journey, external support - apart from emergency cases - or the usage of motorized vehicles are not allowed.

Furthermore, the organization do not provide sanitary or mechanic assistance or any other kind of help. Participants who have to withdraw are not supported in coming back to the headquarter.

Participants must respect the environment and keep clean the places visited.

Art. 2 – Requirements for participation

To enroll to the event it is mandatory to:

1. Be at least 18 years old at the moment of the registration
2. Provide a copy of a medical certificate for cardiovascular intensive physical activity according to the Italian law (a template form could also be provided by organization)
3. Be in good physical shape and be used to extended physical effort
4. Have good orientation skills and know how to use a GPS device.

Art. 3 – Association Membership

The event is open to everyone; a membership to any A.S.D. (amateur sport association) is not required. If desired, the membership to the association organizing the event can be requested sending an email to info@retrail.it

Art. 4 – Route

The ring-shaped route starts and finishes in the city of Scandiano, located at the foothills in Reggio Emilia province.

The organization will provide the list of the required stops (P.O.I), to which the participants must mandatorily pass through.

Along the route, even without exceeding 1800 meters a.s.l, there might be some unexpected weather changes and changes in the level of difficulty.

To facilitate participants a suggested GPS track will be provided, but each participant is free to choose its own route to reach the P.O.I. The itinerary is not marked and can be complete on paved roads, carriageways or trails at the participant's discretion. It is mandatory to respect the Italian road code.

According to the GPS track provided by organization, to reach the mandatory stops the participants will need to cover:

- **between 220 and 270 km with ascent between 6.000 and 7.000 m (long route)**
- **135 km with ascent 4.000 m (short route)**

15 days before the start participants will receive an email with a suggested GPS track in .gpx format and the list with the P.O.I. Participants are free to decide to completely follow the provided track, part of it, or follow a different itinerary.

Art. 5 – Departure

The departure will be on **Saturday 7th September 2019 at 7.30 am** at Circolo Al Ponte, via Resta 56 in the city of Scandiano (province of Reggio Emilia).

Art. 6 – Registration Fees

It is possible to choose between **registration** and **registration+Emilian dinner the night before the departure** according to the following schedule:

- by 30th June 2019: registration **15€**, registration+Emilian dinner **33€**
- by 20th August 2019: registration **30€**, registration+Emilian dinner **48€**
- from 21st August to 6th September 2019: registration **35€**, registration+Emilian dinner **53€**

If you bring a friend with you, there is **5€ of discount** for you (for example: 2 friends who participate with registration+Emilian dinner by 30th June 2019 have to pay with a single bank transfer of 61€ instead of 66€).

For each participant is mandatory to fill the registration form on the web site.

It will be not allowed to make the registration to the event during the day of the start (7th September 2019).

Limited number of participants: 100. In case of impossibility to attending the event, the fee will not be refunded and the registration won't be valid for the following edition.

The registration fee includes:

- Free possibility to sleep indoor the night before the departure (sleeping bag and tent not provided by organization)
- Shower service before the departure and after the arrival
- Post travel refreshments
- List of the P.O.I
- Suggested GPS track
- Event official Gadget and food freebies
- Finisher Certificate
- 20% discount on the purchase of Lucy Rusjan bikepacking bags
- List of the accommodation facilities available on the route

Registration fee does not include: everything not listed above.

Art. 7 – Required kit

For the entire duration of the trail, each participant is required to carry for his\her own personal safety the following kit: mobile

- mobile
- approved helmet
- white front light and red back light
- reflective vest to wear during the night
- whistle\bike bell

The organization recommends the use of a well maintained mountain bike, a gravel or a e-bike mtb, paying attention to the stops to recharge the battery. It is also suggested to have required tools for bike routine maintenance and emergency repairs.

Art. 8 – Mandatory registration, event package pick-up and programme

Before the departure each participant have to complete the registration on-site. It will be possible to do this and bring the event package:

on Friday 6th September 2019 from 6.30 p.m. to 8 pm

on Saturday 7th September 2019 from 6.30 a.m. to 7.30 a.m.

Event programme:

on Friday 6th September 2019

8.30 p.m. Emilian dinner (not included in the registration fee, to pay on-site) with

presentation of the itineraries (long route and short route).

on Saturday 7th September 2019

7.30 a.m. Departure with group picture in front of the Boiardo's Rocca in the historical centre of Scandiano

Art. 9 – Finisher

To be considered finisher of the event, participants have to demonstrate that he/she actually transited in the mandatory Points of Interest (P.O.I.):

a) by sending his own registered GPS track to info@retrail.it

or

b) by sending one selfie for each Point of Interest to info@retrail.it

at the end of the event.

Intermediate checks are not foreseen. If the participant passed through all the P.O.I his/her name will be included in the finisher list of the 2019 edition. The Finisher Certificate will be send via email.

Art. 10 –Withdrawal from the event

In case of abandon, the participant must promptly communicate his|her decision to the organization, calling the number provided.

Art. 11 – Disqualification

|The organization has got the right to ban participants who misbehave or do not follow the rules.

Art. 12 – Patent ARI Randonnée MTB

RE-Trail 2019 finishers can get the international patent Ari Randonnée MTB by asking it to the organization.